

SYLLABUS

Panel 3: Quality Improvement and Patient
Safety in Minimally Invasive and Complex
Gynecologic Surgery Panel: Advancing
Patient Safety Science Through
Structural Processes

SCIENTIFIC PROGRAM CHAIR ANDREW I. SOKOL, MD HONORARY CHAIR CHARLES MILLER, MD PRESIDENT MAURICIO S. ABRÃO, MD, PHD

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The following members of AAGL have been involved in the educational planning and/or review of this course (listed in alphabetical order by last name).

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FACULTY DISCLOSURE

The following have agreed to provide verbal disclosure of their relationships prior to their presentations. They have also agreed to support their presentations and clinical recommendations with the "best available evidence" from medical literature (in alphabetical order by last name). Susan

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Panel 3: Quality Improvement and Patient Safety in Minimally Invasive and Complex Gynecologic Surgery Panel: Advancing Patient Safety Science Through Structural Processes

Chair: Susan S. Khalil, MD

Faculty: Kristen J.Sasaki, MD, Richard B. Rosenfield, MD

Course Description

This course will help you understand national drivers in gynecologic surgery through structural factors that shape gynecologic surgical training, value-based indicators in MIGS and complex gynecologic surgery, as well as health equity in MIGS and complex gynecologic surgery. There will also be a discussion the role of quality improvement initiatives and disparities in MIGS. The target audience for this program includes residents, fellows, faculty and program directors in minimally invasive gynecologic surgery and women's health.

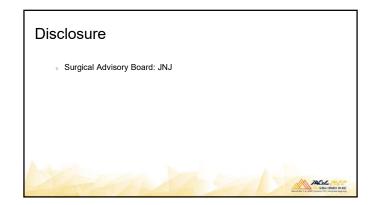
Learning Objectives

At the conclusion of this course, the participants will be able to: 1) Identify drivers of structural measures in minimally invasive gynecologic and complex gynecologic surgery training; 2) Recognize national drivers for quality programs and value-based medicine; and 3) Summarize the role of health equity and QI within creation of disparities in MIGS or complex gynecologic surgery.

Course Outline

3:15 pm	Welcome, Introduction and Course Overview	S.S. Khalil
3:20 pm	Structural Drivers of Quality in Gynecologic Surgery Training	S.S. Khalil
3:35 pm	Health Equity in Minimally Invasive Gynecologic Surgery	K.J. Sasaki
3:50 pm	Value Based Medicine in Minimally Invasive Gynecologic Surgery	R.B. Rosenfield
2:55 pm	Questions & Answers	All Faculty
3:05 pm	Adjourn	

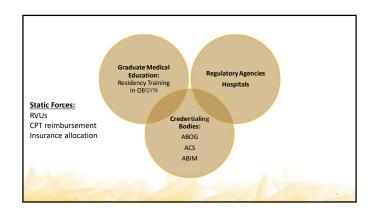
Quality Panel 2022: Structural Drivers of Quality in Gynecologic Surgical Training Susan Khalil, MD Associate Program Director, Fellowship in Minimally Invasive Gynecologic Surgery Mount Sinai Hospital New York, NY



Objectives

- Understand regulatory forces on surgical training in gynecology
- Differentiate quality and regulatory drivers with patientfactors that shape gynecologic surgery
- Recognize structural quality drivers in gynecologic surgical training





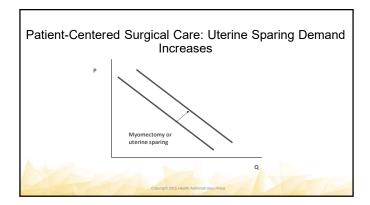
Transparent Forces: Patient-Centered Demand For Uterine Sparing Options

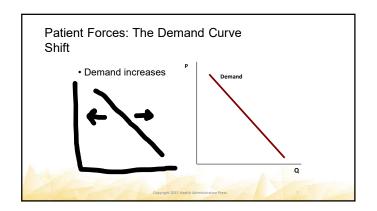
• Demand will increase

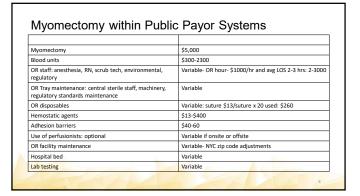
• Supply is unchanged

• Cost is increased

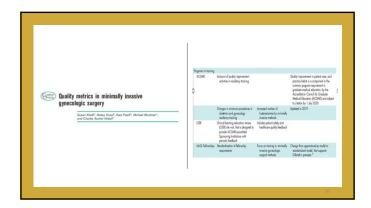
• There are regulatory factors that have greater influence than the market demand for this service











High Surgeon and Hospital Volume, and Selective Referral

High-volume surgeons and institutions have been associated with improved outcomes measures.

Wright et al. reviewed key studies that demonstrate this finding for benign hysterectomy.

Vaginal and laparoscopic hysterectomies performed by high-volume surgeons were associated with decreased complications

The Impact of Fellowship Training On **Outcomes Measures**

- A systematic review by Johnston et al. evaluating 23 studies across various subspecialties (not including gynecologic surgery) showed:
 - improved mortality and complication rates at institutions affiliated with a fellowship training program.
- Select subspecialties demonstrated similar findings comparing surgeons with and without fellowship training

The Impact of Fellowship Training On Outcomes Measures

Selective referral to a high-volume hospital is supported by multiple studies showing:

 Improved mortality rates when high-risk procedures were concentrated to a smaller number of hospitals over time

The Impact of Fellowship Training On Outcomes Measures

- Gynecologic surgery for benign indications:
- Retrospective data demonstrated mixed results
- Observational study of Medicare beneficiaries by Burke et al. showed that:
- Major teaching hospitals were associated with lower mortality rates for common medical conditions and select high-risk surgical procedures

Residency Surgical Minimum Requirements: Gynecology

Abdominal hysterectomy	15
Vaginal hysterectomy	15
Laparoscopic hysterectomy	15
Total hysterectomy (includes abdominal, vaginal, and laparoscopic hysterectomies)	85
Incontinence and pelvic floor procedure (excludes cystoscopy)	25
Cystoscopy	10
Laparoscopy	60
Hysteroscopy	40
Abortion	20
Transvaginal ultrasound	50
Surgery for invasive cancer	25

While residents can log any active CPT code in the ACGME Case Log System, only some CPT codes for obstetrics and gynecology are "tracked" in Case Logs. Of the tracked CPT codes, a subset are "mapped" to a required minimum (i.e., give credit towards a minimum category). The CPT code information in the Case Log System indicates if the code is tracked, and if tracked, which minimum category(ies) will receive credit. Examples:

o CPT code tracked in the Case Log System and credit given to a minimum category:

Code Description

Routine obstetric care including antepartum care, cesarean delivery, and postpartum care
Min Cat: CDEL CREDIT GIVEN TO A MINIMUM CATEGORY

Case Log Information: Obstetrics and Gynecology
Review Committee for Obstetrics and Gynecology

Fellowship Surgical Requirements: AAGL Programs

FMIGS CASE MINIMUMS

Case Type

Case Number

Non-Global Endometrial Ablation

Myomectomy
Polypectomy
Polypectomy
Septum/Sintroncele resection
Office-Based

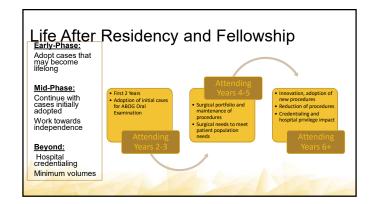
Laparoscopy

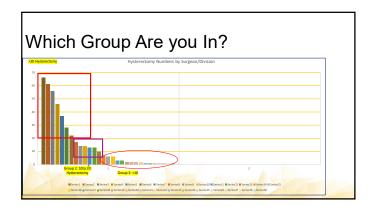
Myomectomy
15
Adnexal Surgery
Retroperstoneal Dissection
35
Retroperstoneal Dissection
36
Adhesiolysis
Endometrious Surgery (Stage III and IV)
Endometrious Surgery (Stage III and IV)

Minimally Invasive Hysterectomy
Laparoscopic Hysterectomy +7-850
Robotic Hysterectomy +7-850
Robotic Hysterectomy +7-850
Cystoscopy

Diagnostic or operative

* While no minimum number is required, programs must ensure





References

Wright JD. The volume-outcome paradigm for gynecologic surgery: clinical and policy implications. Clin Obstet Gynecol 2020; 63:252–265.

Ruiz MP, Chen L, Hou JY, et al. Outcomes of hysterectomy performed by very low-volume surgeons. Obstet Gynecol 2018; 131:981–990.

Wallenstein MR, Ananth CV, Kim JH, et al. Effect of surgical volume on outcomes for laparoscopic hysterectomy for benign indications. Obstet Gynecol 2012; 119:709–716.

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McDonnell RM, Hollingworth JL, Chivers P, et al. Advanced training of gynecologic surgeons and incidence of intraoperative complications after total laparoscopic hysterectomy: a retrospective study of more than 2000 cases at a single institution. J Minim Invasive Gynecol 2018; 25:810–815.

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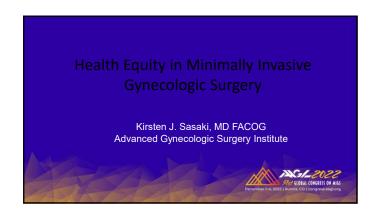
Scheib SA, Thomassee M, Kenner JL. Enhanced recovery after surgery in gynecology: a review of the literature. J Minim Invasive Gynecol 2019; 26:327–343.

Thank you!

Questions/Comments--

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Disclosure Financial disclosures Speakers Bureau: Abbvie Consultant: Aqua Therapeutics, Johnson & Johnson

Objectives

- · List known predictors of peri-operative outcomes
- · Describe racial and insurance status differences in rate of MIH (minimally invasive hysterectomy) versus AH (abdominal hysterectomy)
- · Classify predictors of peri-operative complications after MIH



Health Equity

- "Health equity is achieved when every person has the opportunity to "attain his or her full health potential" and no one is "disadvantaged from achieving this potential because of social position or other socially determined circumstances." "
- "Health inequities are reflected in differences in length of life; quality of life; rates of disease, disability, and death; severity of disease; and access to treatment"

Predictors of Clinical Outcomes

- · Patient and Disease ("Fixed")

 - Body Mass Index (BMI)²
 - Previous Surgery
 - Co-morbidities¹
 - Indications for Surgery (Malignancy, Endometriosis, Uterine fibroids²)
- Extrinsic ("Adjustable")
 - Route of Surgery (Laparotomy)¹
 Surgeon Training
 Surgeon Volume ^{3,4}

 - Hospital/Surgical center Volume ⁴

Additional "Fixed" Variables



- 🜟 Race

 - Geography
 Urban/Suburban/Rural · Northeast/Midwest/South/West
- ★ Insurance Status
 - Education
 - Employment
 - Income
 - Housing
 - Language
 - Reliance on Public Services

Race and Route of Inpatient Hysterectomy

- Bougie et al (2019)
- 114,719 benign, elective hysterectomies Nationwide Inpatient Sample 2009-2013
- Rate of MIH versus AH
 - Black versus White: OR 0.33 (0.32-0.36), Adjusted* OR 0.55 (0.52-
 - *Adjusted for income, primary payer, hospital location, teaching status

Race and Route of Inpatient and **Outpatient Hysterectomy**

- Traylor (2020) retrospective analysis benign hysterectomies IL (2016-2018)
 - N=42,945 hysterectomies (75% MIH, 25% AH)
 - · Non-Hispanic black MIH vs AH versus non-Hispanic White
 - aOR 0.53(0.47-0.60)
 - Hospital volume:
 - Treated at High volume MIH hospitals: Non-Hispanic Blacks (25.7%) vs. Non-Hispanic whites (60%)

Race and Route of Hysterectomy-Universal Insurance

- Ranjit (2017) (n=33,015)
 - Retrospective Analysis TLH, TVH, versus AH TRICARE (universal insurance coverage)

 - TRUCARE (universal insurance coverage
 TLH vs. AH
 Black RR. 51 (48-63), *ARR. 63 (48-69)
 Asian RR. 53 (45-63), *ARR. 69 (58-83)
 TVH vs. AH
 Black RR. 40 (37-43), *ARR. 63 (58-69)
 Asian RR. 61 (.52-71), *ARR. 71 (.60-84)

*Adjusted for age, rank, service type, marital status, region, indication for surgery(fibroids, endometriosis), system of care and year of surgery

Race and Route of Hysterectomy for Uterine fibroids

- Rate of MIH for uterine fibroids (n=20,133)

 - Ko et al (2020)
 National Surgical Quality Improvement Program (NSQIP) database • 2014-2017
 - AH vs. MIH (vs. white women)

 - Black: OR* 2.22 (2.07-2.38)
 Hispanic: OR* 1.76 (1.58-1.96)
 Asian: OR *1.33 (1.16-1.53)
- Adjusted for patient demographics, medical and surgical history, gynecologic factors (uterine weight, parity) and surgical variables (prior surgery, additional procedures)

Race and Referral to Specialist

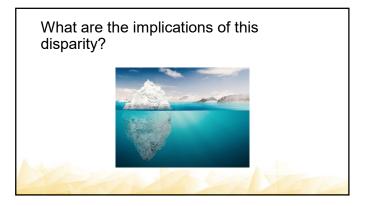
- Schneyer 2022 (Cases 2015-2020)
- Retrospective cohort study- Quaternary Care academic hospital
- Hysterectomy or Myomectomy for uterine fibroids (n=1311)
 - Rates MIS- 94.7% MIGS, 44.2% Ob/Gyn specialists, 46.8% Gyn Onc
 - · Procedure by MIGS specialist:
 - White 59.8%

 - Hispanic 45.7%

Insurance and Route of Hysterectomy

- Price (2017)
- Cross-sectional study 3 hospitals within academic university health system in Philadelphia
- 1746 benign hysterectomies
 - MIH versus AH: Medicaid *OR 0.59 (0.38-0.90) versus private insurance

*Adjusted age, BMI, income quartile, obstetrical and surgical history, uterine weight, income, insurance status



Peri-operative Outcomes

- Pepin (2021)
 - 3441 LH for benign indications at one hospital system
 - 2009-2017
 - Initial Predictors Complication:
 - Non-White Race * OR 1.97 (1.34-2.1)
 - Higher BMI

 - Lower median income
 History of laparotomy * OR 1.69 (1.26-2.28)
 - Surgeon Volume

 - Higher Uterine weight * OR 1.003 (1.002-1.004)
 Indication for surgery (Pain/endo and Uterine fibroids)
 - * remained significant after multivariable logistic regression

Peri-Operative Outcomes

- Bougie (2019)- NIS elective benign hysterectomy
- N=114,719 from 2009-2013
- Inpatient Complications
 - Black versus White women
 - OR 1.13 (1.04-1.24), aOR* 1.03 (0.93-1.13)
 - *Adjusted for age, income, primary payer, hospital location/teaching status, comorbidity index, route of surgery
 LH: OR 1.11 (0.88-1.40)
 - · Hispanic versus White women
 - OR 0.89 (0.80-0.98)

Peri-Operative Outcomes

- Ko et al (2020), n=18,123
- NSQIP database (2014-2017)
- 30 day complication rate
 Black vs. White
 AH OR* 1.54 (1.31-1.80)
 VH OR*1.65 (1.02-2.68)
 LH OR* 1.37 (1.13-1.66)
 Asian vs. White: OR* 1.51 (1.10-2.07)
- Readmission within 30 days

 - Black vs. White
 AH OR 1.44* (1.07-1.94)
 LH OR 1.45* (1.06-1.99)
- *adjusted for age, BMI, co-morbidities, parity, uterine weight, endometriosis, PID, previous surgeries

Peri-Operative Outcomes

- Pepin 2020- Risk prediction model using NSQIP Database
- Benign LH 2014-2017, n=33,123
 - 7 Variables associated with increased odds complication
 - History of Laparotomy 21%
 Age 2%/year of life
 BMI: 0.2%/unit of BMI
 Parity: 7%/delivery

 - · Race: black (34%), Other race (18%) versus white
 - ASA Score 31-172%
 - Predicted uterine weight

Limitations

- Retrospective
- · Data: Billing, Nationwide Databases
- · Only capturing subset of population

Areas of "Equity" in MIGS

- Specific Health Care Systems
- Schneyer (2022)

 - Minimally invasive myomectomy (MIM):
 Black vs. White OR 0.30 (0.19-0.47), aOR* 0.61 (0.35-1.05)
 - Total complications
 - Black vs. White OR 1.84 (1.31-2.59), aOR* 1.28 (0.88-1.86)

Areas of "Equity" in MIGS

- Price (2017)
 - 1746 Hysterectomies in Philadelphia
 - MIH vs. AH

 - Black aOR* 0.82 (0.61-1.10)
 Hispanic aOR* 0.59 (0.38-0.90)
- *Adjusted age, BMI, income quartile, obstetrical and surgical history, uterine weight, income, insurance status

Areas of "Equity" in MIGS

- Fakas (2022), n=1628
- Retrospective Cohort Study 7 hospitals + 4 ambulatory surgery centers within academic health system
 - · Hysterectomy or Myomectomy for Abnormal uterine bleeding
- · Higher SVI- Higher proportion non-Hispanic black and other multiracial backgrounds, non-English speaking, Medicaid insured
- Odds Laparotomy
- Hysterectomy Q4 aOR* 0.90 (0.51-1.58)
- Myomectomy Q4 aOR* 1.10 (0.69-1.75)
- *Adjusted: Age, race, ethnicity, marital status, education, language, BMI, previous uterine surgery, type of facility

Why these differences exist?

- · Access to care
 - Insurance
 - · Socioeconomic Status
- Referral to Subspecialists- especially with more challenging pathology
 - Medical Literacy
 - · Hospital System/Location

Take Home Points

- Difference in Rates of MIH and Peri-operative Complications
 - Race
 - · Insurance Status
 - Income

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 Drissens C. Sancherg E. Ita Chapelle F et al. Case-Mix variables and predictors for udocrates of lapearocapit hyderectory. a systematic review. JMI 2018;23:17-30.

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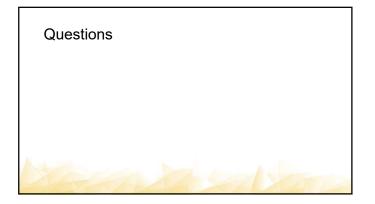
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Disclosure "I have no financial relationships to disclose"

Objectives

- Define Value Based Healthcare
- · Identify Key Components of Value
- Explain the Importance of Value **Based Care**
- Reveal the Opportunity for Improvement in Healthcare Delivery



WHAT IS VALUE BASED **HEALTHCARE?**

- Reduced Cost
 Improved Outcomes
 Better Patient Experience
 TRIPLE AIM
- QUADRUPLE AIM BETTER PHYSICIAN EXPERIENCE

The AAGL dilemma

- "We need new codes for Endometriosis Excision"
 - Ergo, we want better compensation for what we do
- Economic impossibility
 - · Static or Reduced Funds
 - Growing Patient Population
 - Inflation
 - · Cost of Goods
 - · Cost of Staffing



Value Based Healthcare

- · MUST provide a solution
- HOW?
 - Decrease cost of surgery
 - Most expensive component of Surgery in Venue of Service
 Close behind is cost of COMPLICATIONS
 - The Robot is only part of a much bigger economic discussion Improve Quality of Outcomes
 Registry

 - Track outcomes (bariatrics, cardiac)
 - Shift cases to higher volume surgeons



HOW?

- Commercial Insurance plans and Hospitals are now beholden to price transparency laws
 - 600% CMS for DRG basis
 - Versus ASC/HOPD
 - $1/3^{\text{rd}}$ of the US population part of ERISA plans
- "But I work for a large integrated health system"
 - Open eyes to M and A deals
 - P/E aggregators



Why do I care?

- You will see patients soon being redirected away from expensive care to those who are disrupting the curve
- AAGL and others have an opportunity to support advanced training via mentorship and fellowship
- Higher reimbursement comes from increasing the cash reserves and then redistributing the reimbursement via bundles
 This will not happen in the RVU model

 - · Ship has sailed
- ACOG is not motivated to pull cases away from general OB/Gyns



The new era of private equity

- Practice aggregators
- 51% at 2-4x EBITDA
- Push volume, upcoding, longer hours, new tech
- Sell at 8-10x EBITDA
- "show me the money"



references

- https://www.cms.gov/healthplan-price-transparency
- https://www.cms.gov/hospital-price-transparency



CULTURAL AND LINGUISTIC COMPETENCY & IMPLICIT BIAS

The California Medical Association (CMA) announced new standards for Cultural Linguistic Competency and Implicit Bias in CME. The goal of the standards is to support the role of accredited CME in advancing diversity, health equity, and inclusion in healthcare. These standards are relevant to ACCME-accredited, CMA-accredited, and jointly accredited providers located in California. <u>AAGL is ACCME-accredited and headquartered in California</u>.

CMA developed the standards in response to California legislation (<u>Business and Professions (B&P) Code Section 2190.1</u>), which directs CMA to draft a set of standards for the inclusion of cultural and linguistic competency (CLC) and implicit bias (IB) in accredited CME.

The standards are intended to support CME providers in meeting the expectations of the legislation. CME provider organizations physically located in California and accredited by CMA CME or ACCME, as well as jointly accredited providers whose target audience includes physicians, are expected to meet these expectations beginning January 1, 2022. AAGL has been proactively adopting processes that meet and often exceed the required expectations of the legislation.

CMA CME offers a variety of resources and tools to help providers meet the standards and successfully incorporate CLC & IB into their CME activities, including FAQ, definitions, a planning worksheet, and best practices. These resources are available on the <u>CLC and IB standards page</u> on the CMA website.

Important Definitions:

Cultural and Linguistic Competency (CLC) – The ability and readiness of health care providers and organizations to humbly and respectfully demonstrate, effectively communicate, and tailor delivery of care to patients with diverse values, beliefs, identities and behaviors, in order to meet social, cultural and linguistic needs as they relate to patient health.

Implicit Bias (IB) – The attitudes, stereotypes and feelings, either positive or negative, that affect our understanding, actions and decisions without conscious knowledge or control. Implicit bias is a universal phenomenon. When negative, implicit bias often contributes to unequal treatment and disparities in diagnosis, treatment decisions, levels of care and health care outcomes of people based on race, ethnicity, gender identity, sexual orientation, age, disability and other characteristics.

Diversity – Having many different forms, types or ideas; showing variety. Demographic diversity can mean a group composed of people of different genders, races/ethnicities, cultures, religions, physical abilities, sexual orientations or preferences, ages, etc.

Direct links to AB1195 (CLC), AB241 (IB), and the B&P Code 2190.1:

Bill Text – AB-1195 Continuing education: cultural and linguistic competency.

Bill Text – AB-241 Implicit bias: continuing education: requirements.

Business and Professions (B&P) Code Section 2190.1

CLC & IB Online Resources:

Diversity-Wheel-as-used-at-Johns-Hopkins-University-12.png (850×839) (researchgate.net)

Cultural Competence In Health and Human Services | NPIN (cdc.gov)

Cultural Competency – The Office of Minority Health (hhs.gov)

Implicit Bias, Microaggressions, and Stereotypes Resources | NEA

Unconscious Bias Resources | diversity.ucsf.edu

Act, Communicating, Implicit Bias (racialequitytools.org)

https://kirwaninstitute.osu.edu/implicit-bias-training

https://www.uptodate.com/contents/racial-and-ethnic-disparities-in-obstetric-and-gynecologic-care-and-role-of-implicitbiases

https://www.contemporaryobgyn.net/view/overcoming-racism-and-unconscious-bias-in-ob-gyn

https://pubmed.ncbi.nlm.nih.gov/34016820/