5/st GLOBAL CONGRESS ON MIGS

December 1–4, 2022 | Gaylord Rockies Resort and Convention Center | Aurora, Colorado

SYLLABUS

NERV-603: Didactic - Nerve Sparing - Part I

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Asterisk (*) denotes no financial relationships to disclose.

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The following members of AAGL have been involved in the educational planning and/or review of this course (listed in alphabetical order by last name).

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FACULTY DISCLOSURE

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NERV-603: Nerv Sparing - Part I

Chair: Nucelio Lemos, MD, PhD, Adrian C. Balica, MD

Faculty: Marcello Ceccaroni, MD, PhD, Gustavo L. Fernandes, MD, PhD, Resad P. Pasic, MD, PhD, Benoit Rabischong. MD, PhD

Course Description

This didactic and cadaveric workshop is designed to help the advanced pelvic surgeon to implement nervesparing techniques in their day-to-day procedures. This course will focus on the nerves that are commonly injured while performing radical pelvic surgery and female pelvic reconstructive procedures, their anatomy, and strategies to avoid injury.

Learning Objectives

At the conclusion of this course, the participant will be able to: 1) Review the anatomy of the nerve bundles crossing the pelvis; 2) Recognize the main steps where nerve damage can occur during pelvic surgery; and 3) Implement standardized steps for nerve-sparing laparoscopic reconstructive surgery and endometriosis.

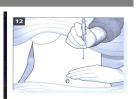
Course Outline

7:00 am	Welcome, Introduction and Course Overview	N. Lemos/A.C. Balica
7:05 am	Nerve-Sparing Begins with Proper Port Placement: Anatomy of Ilioinguinal, Iliohypogastric, Genitofemoral and Lateral Femoral Cutaneous Nerves and How to Avoid Them	R.P. Pasic
7:25 am	What Happens if You Mess with the Wrong Guys: Functional Pelvic Anatomy and Neurophysiology	N. Lemos
7:45 am	Parametrial Anatomy and Neuroanatomy	B. Rabischong
8:05 am	Pelvic Fasciae and Avascular Spaces: Nerve-Sparing with a "Non-Touch" Techniques	G.L. Fernandes
8:25 am	Incorporating Nerve Sparing Procedures in My Daily Practice. How I Did it and What Happened	A.C. Balica
8:45 am	Keeping an Eye on Nerve-Sparing by Direct Visualization of Nerve Bundles	M. Ceccaroni
9:05 am	Questions & Answers – Faculty Discussion	All Faculty
9:30 am	Adjourn	

Nerve-Sparing Begins with Proper Port Placement: Anatomy of Genitofemoral Lateral Femoral Cutaneous Ilioinguinal, Iliohypogastric Nerves and How to Avoid them

Alternative Insufflation Techniques

- Transumbilical
- Direct
- Open laparoscopy (Hasson)
- Transuterine insufflations
- Subcostal insufflation (Palmers point)







Nerves of the Pelvis

Somatic innervation (motor and sensory) of the skin and skeletal muscle

+

Autonomic (visceral) innervation of the pelvic organs and glands

Both sympathetic and parasympathetic innervation



Pressive 2019 NEUROPELVECLOSY: Latest Developments in Pervis Neuralinistance to to Linders Operative Gyrecotogy: Edition 11. <u>https://dx...lines.and.idin.nl...Plack</u>

Autonomic Innervation

- Regulate
- Bladder emptying
- Control of the internal urethral sphincter
- Motility in the rectum
- Sexual function



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Somatic nerves



- Innervate voluntary skeletal muscles
- · Originate in the ventral roots of the spinal nerves.
- Main somatic pelvic nerves involved in pelvic organ functions originate from the sacral plexus and its branches.

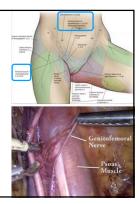
Lumbar plexus

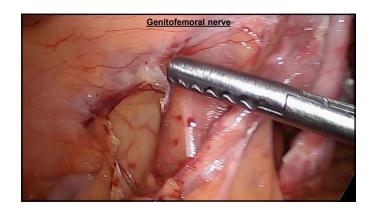
- · Divisions of the first four lumbar nerves (L1-L4) and contributions of the subcostal nerve (T12)
- Ventral rami of the 4th lumbar nerve pass communicating branches, the lumbosacral trunk, to the sacral plexus.
- Several branches of the lumbar plexus run into the pelvis.



Lumbar plexus-Genitofemoral nerve L1-L2

- Pierces the psoas major anteriorly lateral to the external iliac artery.
 - · Lateral femoral branch is purely sensory and supplies the skin below the inguinal ligament and proximal lateral aspect of the femoral triangle
- Genital branch runs in the inguinal canal together with the round ligament. Sensory branches to the skin of the mons pubis and the labia





Dermatomes

Lumbar plexus-Lateral femoral cutaneous nerve L2-L4

- pierces the psoas major on its lateral side. Medial to the anterior superior iliac spine, it leaves the pelvic area through the lateral muscular lacuna.
- Supplies the skin of the anterior and lateral aspects of the thigh.
- Injury can cause anterior and lateral thigh burning, tingling, and/or numbness that increase with standing, walking, or hip extension.

Lumbar plexus-Femoral nerve L2-L4

- Sensory innervation to the anterior aspect of the thigh and knee and motor innervation to the quadriceps muscles.
- Between the psoas major and iliacus, giving off branches to both muscles, and exits the pelvis through the medial aspect of muscular lacuna.
- Femoral neuropathy is the most common lumbosacral nerve injury> fall when attempting to get out of bed after surgery & sensory loss over the anteromedial thigh.





Lumbar plexus-llioinguinal nerve L1

Lies on the quadratus lumborum. At the level of iliac crest, it pierces the lateral abdominal wall and runs medially at the level of the inguinal ligament

Motor branches to the transverse abdominis

Sensory branches to the skin over the pubic symphysis and the lateral aspect of the labia majora.



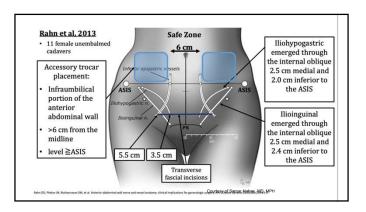


Lumbar plexus-lliohypogastric nerve L1

- Lies on the proximal lateral border of the psoas major and quadratus lumborum & pierces the transversus abdominis to run above the iliac crest.
- Motor branches to these muscles
- · Sensory to skin of lateral hip and

skin above the inquinal ligament





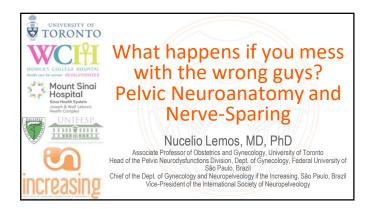


Lumbar plexus-Obturator nerve L2-L4

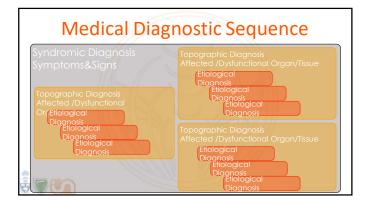
- Travels behind the Psoas major then follows the linea terminals into the lesser pelvis lateral to the external vessels, and then finally leaves the pelvis through the obturator canal.
 - · Motor branches to the adductor muscles.
- · Sensory supplies skin on the medial thigh





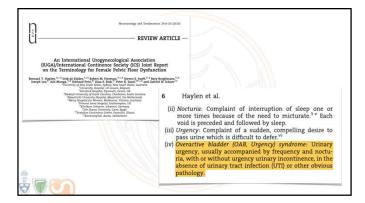












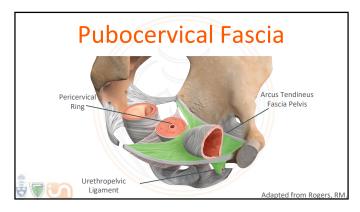
Objectives

- Review the Neuro-anatomo-physiology of bladder signalling
- Discuss a multi-system / multi-layer approach to chronic pelvic pain
- Describe the specific symptoms and signs of the most frequent causes refractory urgency

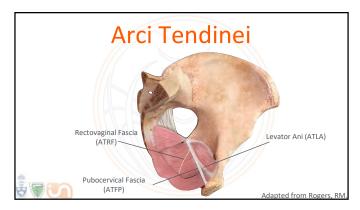


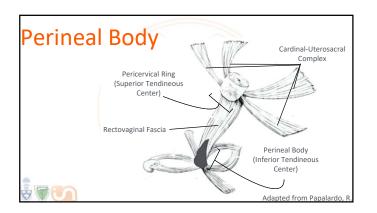


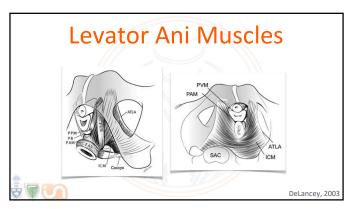


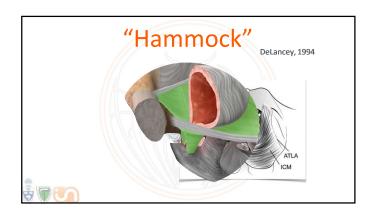


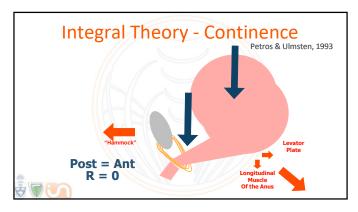




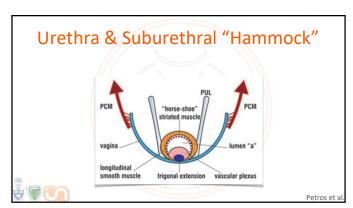


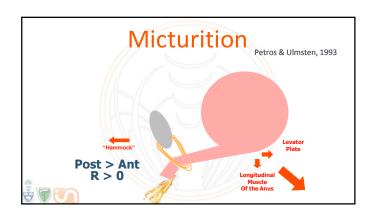


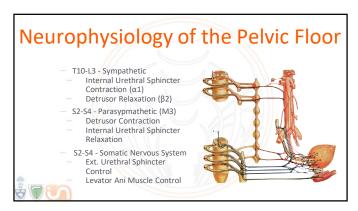


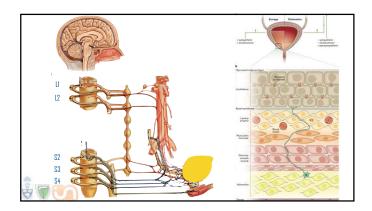


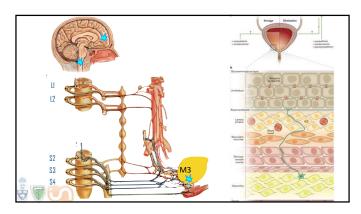


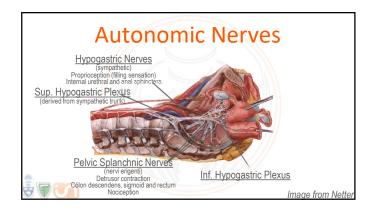




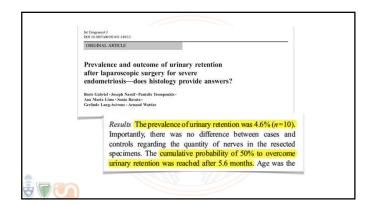


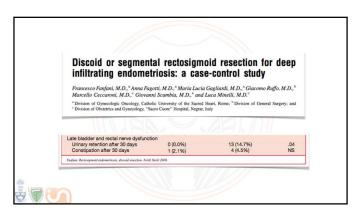


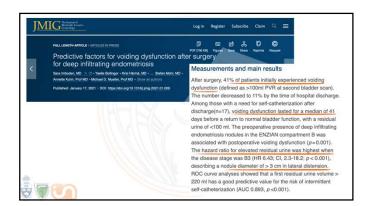




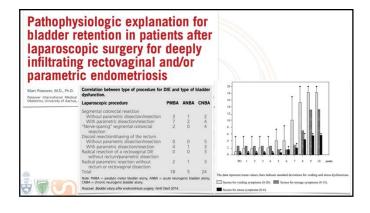




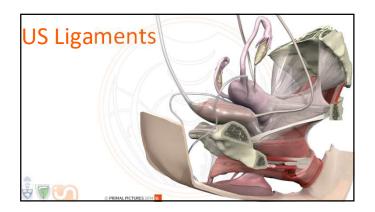






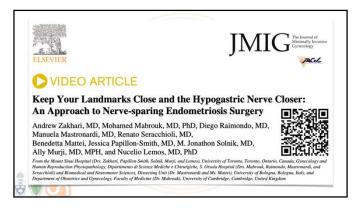


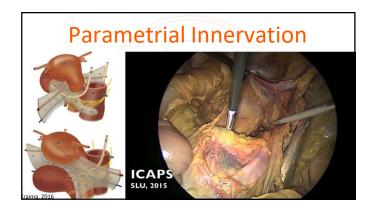














In Conclusion...

Thorough understanding of the deeper structures of the pelvic sidewalls is essential for increasing radicality and reducing morbidity on the treatment of endometriosis and other pelvic neoplasms, as well as for safely performing FPR procedures

In Conclusion...

The hypogastric nerves are often mistaken for the uterosacral ligament.

The lesion to these nerves may cause loss of bladder proprioception and neurogenic stress urinary incontinence.

In Conclusion...

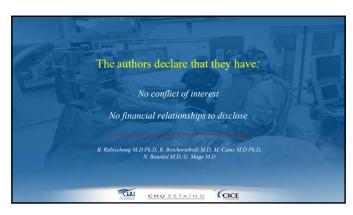
The inferior hypogastric plexi lie in the pararectal fossae and any damage to it will cause urinary, sexual and anorectal dysfunction.

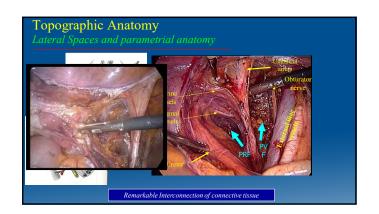
Changes may not become clinically relevant immediately. Be vigilant with preoperative urodynamics and postoperative uroflowmetry and PVR.

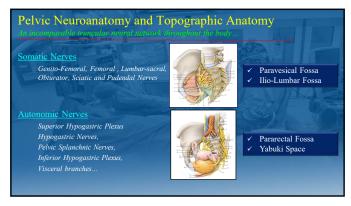




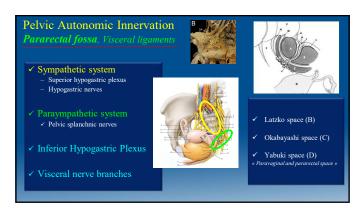




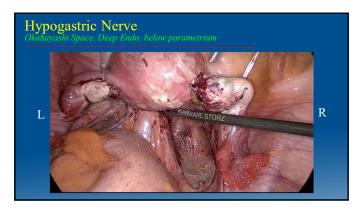




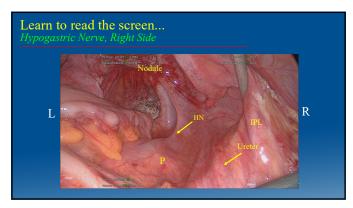






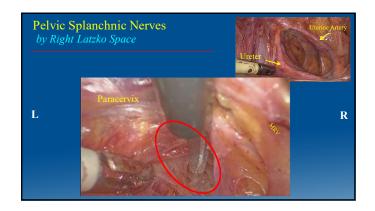


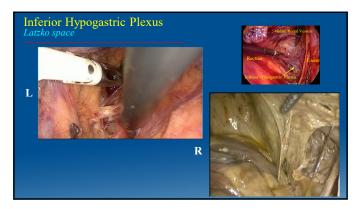
















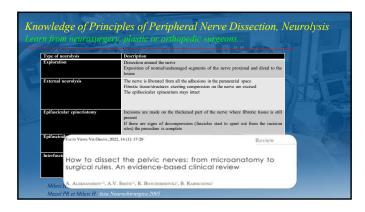
























Pelvic Fasciae and Avascular Spaces: Nerve-Sparing With A "Non-Touch" Technique.



Gustavo Leme Fernandes, MD, PhD
Chief of the Gynecology oncology team at Santa Casa SP
Faculty of the neuropelveology team at UNIFESP
Faculty of the neuropelveology team at INCREASING

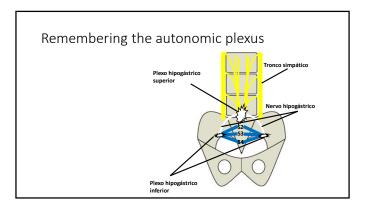


Conflicts of Interest

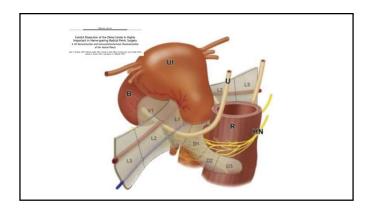
I do not have any conflicts of interest.

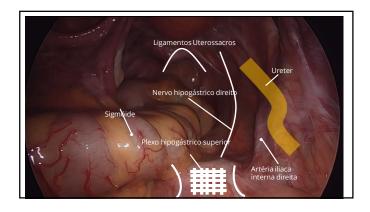
Objectives

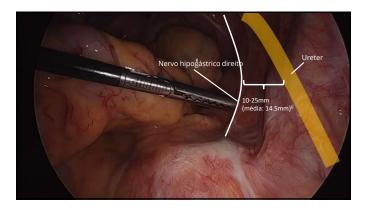
- To describe avasculares spaces
- Relation with the pelvic autonomic plexus
- How to identify the hypogastric plexus

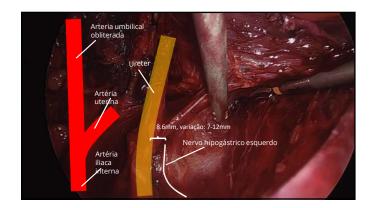


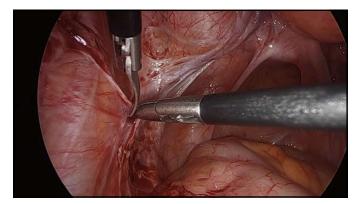












Latsko

• Latzko's space boundaries: ventrally-cardinal ligament; dorsally-presacral fascia, ventrolateral aspect of the sacrum, laterally-internal iliac artery (hypogastric artery); medially-ureter, mesoureter.

Okabayashi

- Okabayashi's space boundaries: ventrally-cardinal ligament; dorsallypresacral fascia, sacrum; laterally-ureter, mesoureter; mediallyrectum.
- Falar do nervo hipogástrico. Colocar videos

Yabuki (4th space)

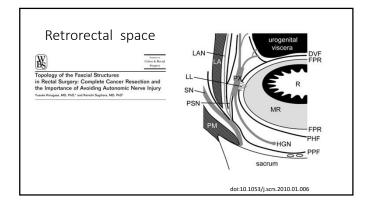
 The Yabuki space, also called the fourth place, was first described in 2000 by Yoshihiko Yabuki. It is located between the cranial portion of the vesicouterine ligament and the ureter. The Yabuki space is dissected during nerve-sparing surgery as it contains the pelvic splanchnic nerves on the way for bladder innervation

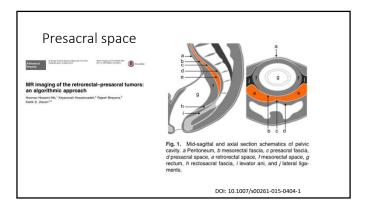
Yabuki fourth Space

• Located between the cranial portion of the vesicouterine ligament and the ureter.



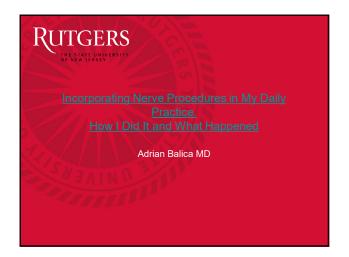
doi:10.1016/j.ajog.2005.02.108





Presacral/Retrorectal Space

 Presacral/retrorectal space boundaries: ventrally—mesorectal fascia/rectum; dorsally—longitudinal anterior vertebral ligament, sacral promontory, anterior aspect of the sacrum; laterally—right (right common iliac artery/right ureter), left (left common iliac vein/left ureter), hypogastric fascia, which is formed by the medial fibers of the uterosacral ligaments; cranially—peritoneal reflection of the rectosigmoid colon; caudally—pelvic floor



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Disclosures

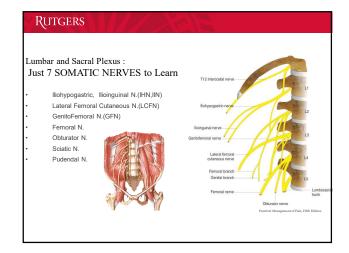
• Institutional Contract Research : ABBVIE Pharmaceuticals

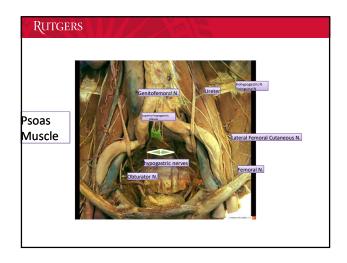
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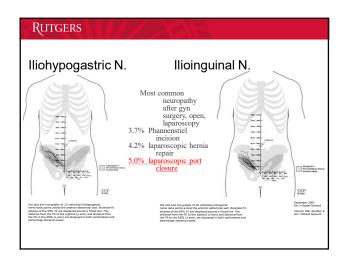
Objectives

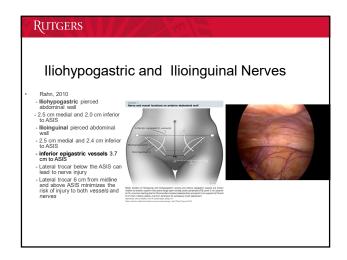
- · Review of anatomy of peripheral pelvic nerves
- Describe peripheral nerve blocks in gynecology
- Ultrasound use in peripheral nerve blocks

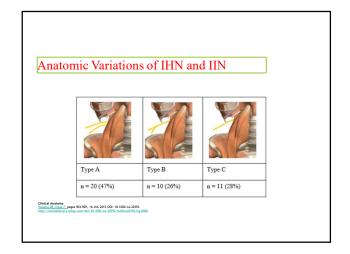
Learn the Anatomy **Proceeds action** [Open Annual Buildand ST Anatom 2021** Closing the Knowledge gap in pelvic neuroanatomy: assessment of a cadavaric training program Band Annual Buildand action Anatom Control (Control States Learn Control States Learn Co

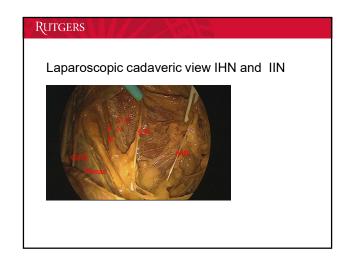


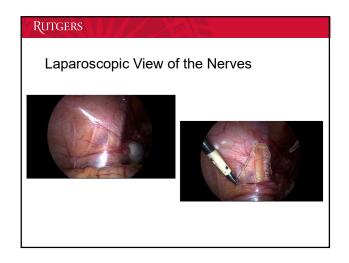


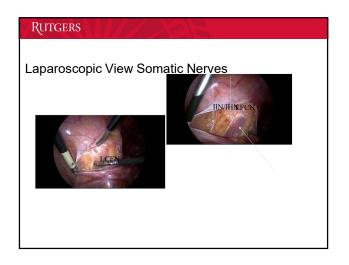


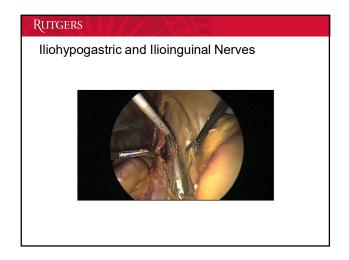


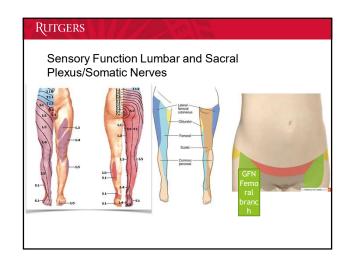


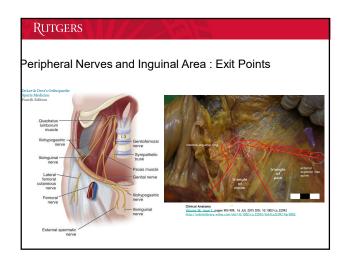


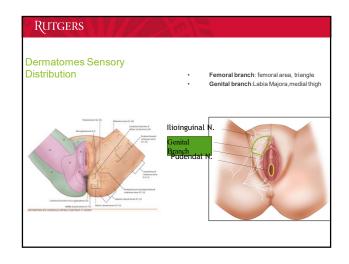


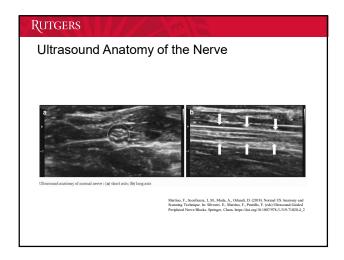


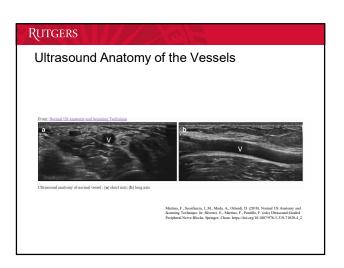


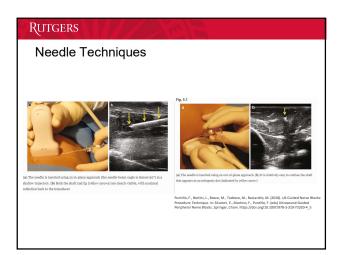


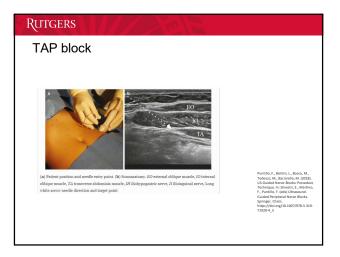


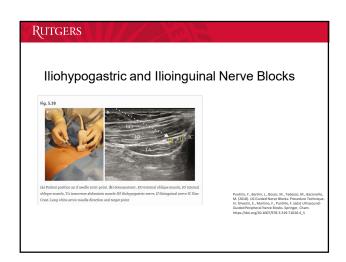


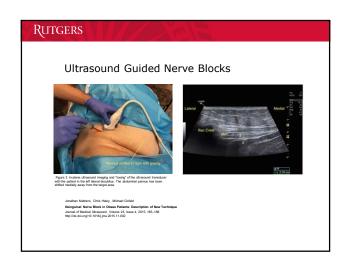


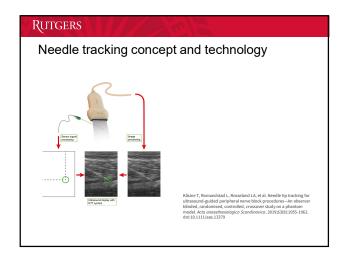


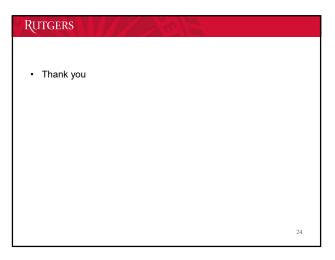












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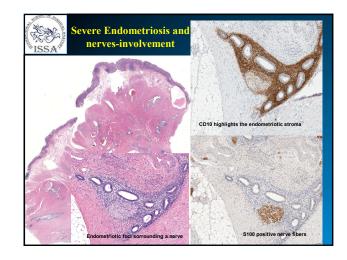
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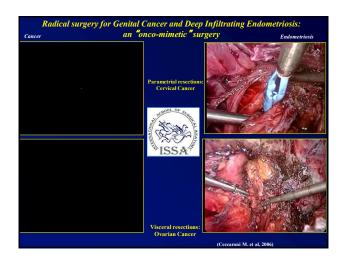
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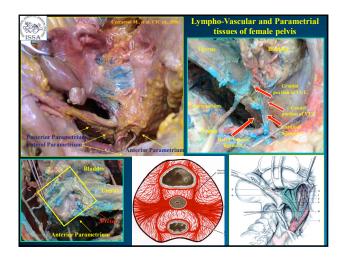


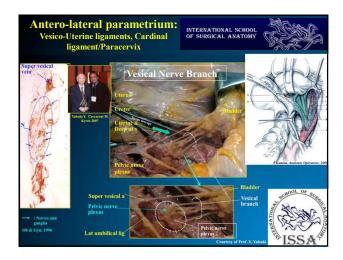
Objectives to highlight surgical anatomy of the visceral and somatic innervation of the female pelvis to show how to avoid damages to these structures during endometriosis surgery to describe tips and tricks and surgical steps for a totally laparoscopic nervesparing and nerve-preserving radical pelvic surgery

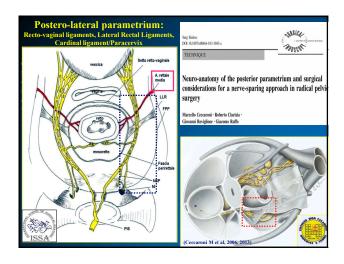


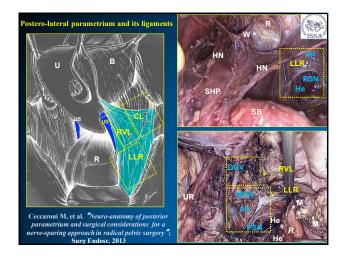


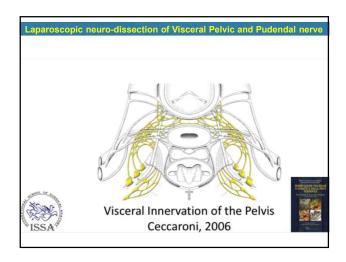


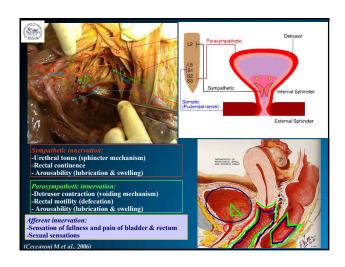


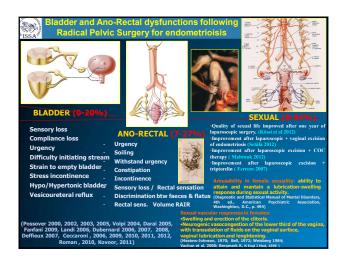




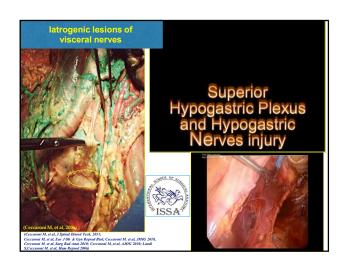


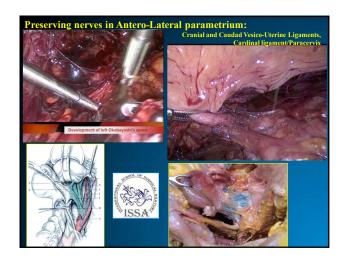


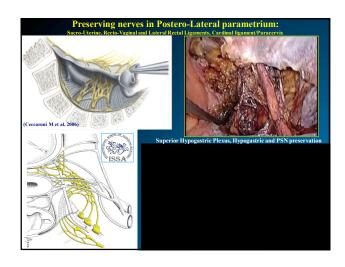


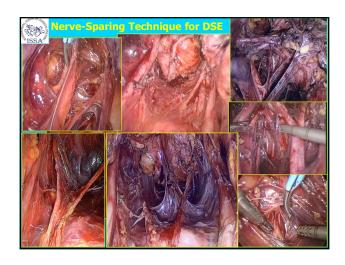




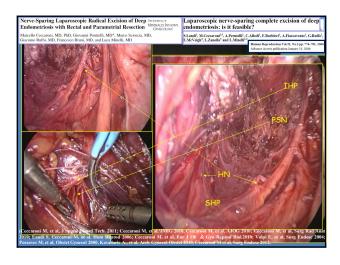


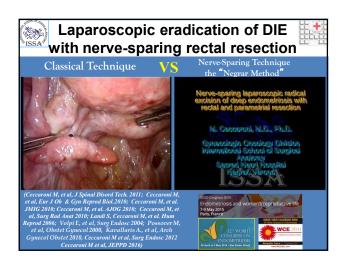


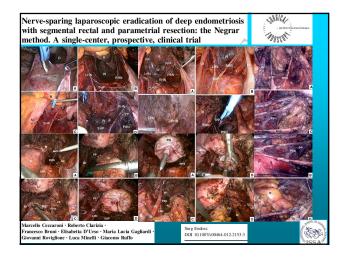


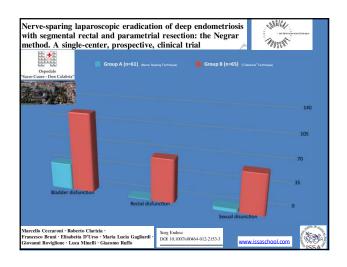






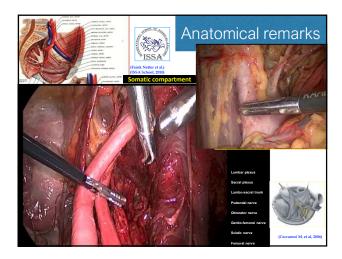




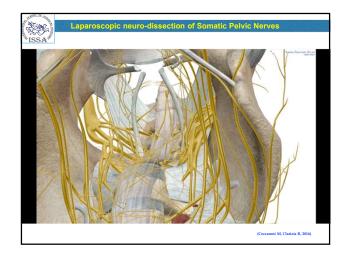


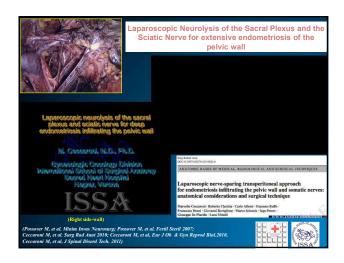


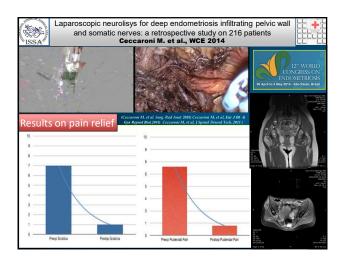


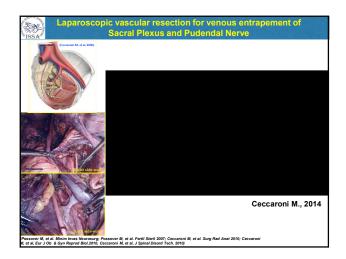


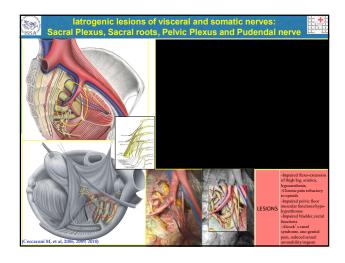


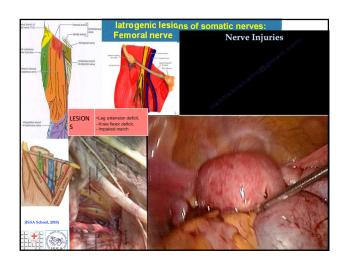




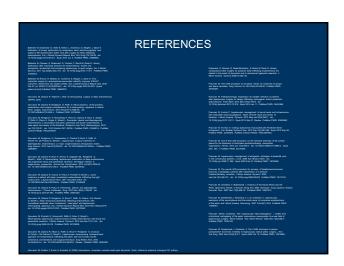














CULTURAL AND LINGUISTIC COMPETENCY & IMPLICIT BIAS

The California Medical Association (CMA) announced new standards for Cultural Linguistic Competency and Implicit Bias in CME. The goal of the standards is to support the role of accredited CME in advancing diversity, health equity, and inclusion in healthcare. These standards are relevant to ACCME-accredited, CMA-accredited, and jointly accredited providers located in California. <u>AAGL is ACCME-accredited and headquartered in California</u>.

CMA developed the standards in response to California legislation (<u>Business and Professions (B&P) Code Section 2190.1</u>), which directs CMA to draft a set of standards for the inclusion of cultural and linguistic competency (CLC) and implicit bias (IB) in accredited CME.

The standards are intended to support CME providers in meeting the expectations of the legislation. CME provider organizations physically located in California and accredited by CMA CME or ACCME, as well as jointly accredited providers whose target audience includes physicians, are expected to meet these expectations beginning January 1, 2022. AAGL has been proactively adopting processes that meet and often exceed the required expectations of the legislation.

CMA CME offers a variety of resources and tools to help providers meet the standards and successfully incorporate CLC & IB into their CME activities, including FAQ, definitions, a planning worksheet, and best practices. These resources are available on the <u>CLC and IB standards page</u> on the CMA website.

Important Definitions:

Cultural and Linguistic Competency (CLC) – The ability and readiness of health care providers and organizations to humbly and respectfully demonstrate, effectively communicate, and tailor delivery of care to patients with diverse values, beliefs, identities and behaviors, in order to meet social, cultural and linguistic needs as they relate to patient health.

Implicit Bias (IB) – The attitudes, stereotypes and feelings, either positive or negative, that affect our understanding, actions and decisions without conscious knowledge or control. Implicit bias is a universal phenomenon. When negative, implicit bias often contributes to unequal treatment and disparities in diagnosis, treatment decisions, levels of care and health care outcomes of people based on race, ethnicity, gender identity, sexual orientation, age, disability and other characteristics.

Diversity – Having many different forms, types or ideas; showing variety. Demographic diversity can mean a group composed of people of different genders, races/ethnicities, cultures, religions, physical abilities, sexual orientations or preferences, ages, etc.

Direct links to AB1195 (CLC), AB241 (IB), and the B&P Code 2190.1:

Bill Text – AB-1195 Continuing education: cultural and linguistic competency.

Bill Text – AB-241 Implicit bias: continuing education: requirements.

Business and Professions (B&P) Code Section 2190.1

CLC & IB Online Resources:

Diversity-Wheel-as-used-at-Johns-Hopkins-University-12.png (850×839) (researchgate.net)

Cultural Competence In Health and Human Services | NPIN (cdc.gov)

Cultural Competency – The Office of Minority Health (hhs.gov)

Implicit Bias, Microaggressions, and Stereotypes Resources | NEA

Unconscious Bias Resources | diversity.ucsf.edu

Act, Communicating, Implicit Bias (racialequitytools.org)

https://kirwaninstitute.osu.edu/implicit-bias-training

https://www.uptodate.com/contents/racial-and-ethnic-disparities-in-obstetric-and-gynecologic-care-and-role-of-implicitbiases

https://www.contemporaryobgyn.net/view/overcoming-racism-and-unconscious-bias-in-ob-gyn

https://pubmed.ncbi.nlm.nih.gov/34016820/